

Scared of Facing The Public?

Course on Public Speaking & Presentation Skills

CONTENTS

- Acquiring the basic presentation skills
- How to develop confidence
- How to start a talk
- How to close a talk
- How to make the middle body of the talk
- How to talk in terms of your listener's interests
- Making the talk to convince.
- How to speak with contagious enthusiasm
- How to make impromptu talks
- How to organize the longer talk
- How to become the master of ceremonies
- Voice modulation
- How to introduce speakers
- How to present & accept awards
- How to improve your diction
- Platform presence & personality
- Body language
- Time management
- How to face interviews
- Memory building
- Improving dress sense
- Table Manners
- Group discussions



ABOUT THE TRAINER

Anurag Aggarwal has been a speaker and trainer for over eight years. A successful motivator, an enthusiastic trainer, an author and an experienced counsellor, he has inspired and helped many people in overcoming their professional & personal problems. He has a dynamic personality and is an effective communicator.

He has to his credentials a double post graduation in Economics and Commerce. He has been trained directly by the trainers of the Dale Carnegie Institute of Public Speaking USA and has successfully graduated from courses like TMI (Denmark) and Train the Trainer course by Steven Covey.

He has built and sold a successful business in the past 14 years as well, so he understands the challenges of leadership and management from practical experience. He has written no. of articles for various leading newspapers.

His 8 years training experience can prepare you for powerful performance in classes, presentations, conferences, seminars, events and discussions.

He has been a president of an NGO for 4 years now. He has been a fashion designer for a long time and has interests in learning & teaching ball-room dances.



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INDIVIDUAL TRAININGS are also taken care of where the participant can have training at Kamla Nagar Centre with Mr. Anurag Aggarwal on one to one basis.

- **Timings** : Decided mutually
- **Centre** : Kamla Nagar
- **Sessions** : One hour sessions, thrice a week for three months.